Dubbo Health Service
Referral for Foot Screening & Assessment

phn WESTERN NSW
An Australian Government Initiative

NSW GOVERNMENT Health Western NSW Local Health District
Living Well Together

	Low Risk	Moderate Risk	High Risk Non Active	High Risk Active
Definition	• Protective sensation intact (10g pressure) • One or more pulse present in each foot	**One risk factor present** • Loss of protective sensation • Absent or diminished pulses • Foot deformity with callus • Pre-ulcerative lesion	• Previous amputation • Previous ulceration **Or two or more of the following:** • Loss of protective sensation • Absent or diminished pulses • PAD • Charcot deformity • Foot deformity with callus • End stage renal failure • Aboriginal/Torres Straight Islander	• Active foot ulcer • Spreading infection • Critical Limb Ischaemia • Gangrene • Hot swollen foot with/or without pain-possible active Charcot
Action	• Optimise diabetes control • Written and verbal foot health education as appropriate • Agreed and tailored management/treatment plan according to patient needs			• Urgent referral for HRFS or hospital admission • Emergency admission if rapidly deteriorating or systemically unwell • Urgent referral to vascular with acute ischaemia • Agreed and tailored management plan according to patient needs • Provide writtenand verbal education with emergency contact numbers
	• Annual foot screening by health professional • Encourage self-management • Footwear assessment	• Annual risk assessment by podiatrist • Encourage self-management • Footwear assessment	• Specialist intervention when appropriate, referral to HRFS • Review of footwear with referral to orthotist if appropriate	
Referral	Refer only for problems requiring podiatry input	Refer to podiatry as appropriate	Refer to podiatry for assessment and management	**Refer to HRFS** **Admit to Hospital**
	Refer to Private Podiatry	**Refer to Dubbo Hospital Community Podiatry Clinic or Private Podiatry**		